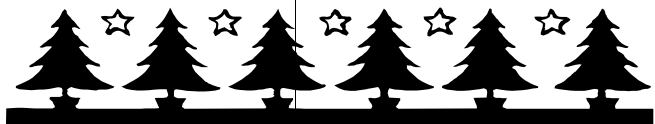




Hasbrouck Heights Recreation Department Senior Activities Calendar

Robert Brady, Director of Recreation

December 2004

Phone: (201) 288-4143

| Mon | Tue | Wed | Thu | Fri |
|---|---|--|---|--|
| <p><i>Happy Holidays!!</i></p>  | | <p>1 Senior Aerobics 10 am-11 am \$1.00 Leisure Club Exec. Bd. Meeting 10 am</p> | 2 | <p>3 Fun Bingo 10 am-12 pm Movie Day 1pm– Jingle All the Way (1996)</p> |
| <p>6 Art Club Meeting 10 am</p> | <p>7 Line Dancing 10 am– 11:30 \$1.00 Speaker Dr Siconolfi 11:30 am Senior Yoga 2 pm \$1.00 Chanukkah (Sundown)</p> | <p>8 Leisure Club Holiday Party !2 noon at The Gray-cliff</p> | <p>9 Senior Yoga 2 pm \$1.00</p> | 10 |
| <p>13 Art Club Meeting 10 am</p> | <p>14 Line Dancing 10 am– 11:30 \$1.00 Senior Yoga 2 pm \$1.00</p> | <p>15 Senior Aerobics 10 am-11 am \$1.00</p> | <p>16 Dr. Bellavia 9 am-11:30 am Senior Yoga 2 pm \$1.00</p> | <p>17 Fun Bingo 10 am-12 pm Movie Day 1pm– March of the Wooden Soldiers (1934)</p> |
| <p>20 Art Club Meeting 10 am</p> | <p>21 Line Dancing 10 am– 11:30 \$1.00 Senior Yoga 2 pm \$1.00</p> | <p>22 Senior Aerobics 10 am-11 am \$1.00</p> | <p>23 Bergen County Health Consultation Program 10 am– 1pm</p> | <p>24 Christmas Eve Center is Closed</p>  |
| <p>27 Art Club Meeting 10 am</p> | <p>28 Senior Yoga 2 pm \$1.00</p> | <p>29 Senior Aerobics 10 am- 11 am \$1.00</p> | <p>30 Senior Yoga 2 pm \$1.00</p> | <p>31 New Year's Eve Happy New Year!! Center is Closed</p>  |

THE HASBROUCK HEIGHTS SENIOR CENTER IS LOCATED AT 320 BOULEVARD ON THE FIRST FLOOR OF THE MUNICIPAL BUILDING