

# HASBROUCK HEIGHTS' RECREATION YOUTH TRACK & FIELD REGISTRATION FORM

THE YOUTH TRACK & FIELD PROGRAM will be available to all boys & girls in grades 5<sup>th</sup> thru 8<sup>th</sup>. The sport of track & field is an exciting choice for all children, there are over twelve different events for your child to enjoy and excel in. The program will begin Thursday March 18<sup>th</sup> at 5:30 p.m. at the athletic field off of Franklin Ave.

There will be 2 to 3 practices a week with the boys and girls practicing together the practice will begin at 5:30 pm and end about 6:45 pm. There will be a schedule given at the first practice which will show all the practices for the season, competition dates & information and how to find out if practice is cancelled due to weather. There will be several meets available for the children who would like to compete. The team will be competing in the NJ Striders Youth Track League on the following dates 4/18, 4/25, 5/2, 5/16, 5/23, 6/6. The meets are on Sunday afternoons from 12 noon to 5:00 pm at area high school tracks.

If your child chooses not to compete in the meets, this program is a great opportunity for them to go out and get in shape and experience something new with friends and classmates in a safe controlled environment.

The program has five certified coaches that coach the Hasbrouck Heights High School Track Team. Your child will have the choice to participate in sprints, jumping events, throwing events, hurdles, and distance races. With so many choices they are sure to find something they enjoy!

**REGISTRATION IS EXTENDED UNTIL 3/18 SIGN UP AT THE RECREATION  
OFFICE LOCATED IN THE MUNICIPAL BUILDING 320 BOULEVARD.  
COST \$30.00 PER CHILD**

**Make checks payable to Hasbrouck Heights Recreation**

Detach

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Name \_\_\_\_\_ Phone # \_\_\_\_\_ Grade \_\_\_\_\_

Address \_\_\_\_\_ Cell Phone # \_\_\_\_\_

Date of Birth \_\_\_\_\_ Age \_\_\_\_\_ School \_\_\_\_\_

T-shirt size \_\_\_\_\_ ym---yl---as---am---al---axl

Parent's signature \_\_\_\_\_ date \_\_\_\_\_